Memo To: Women Moving Forward Graduates

Memo From: Susan Van Vleet

Re: New Dates, Old Dates and Thoughts from an Empty Nest

#### Thoughts From an Empty Nest

Yes, we are now "empty nesters"! Our two boys are in their own apartments in Chicago and LA.

We just got back from a long weekend in Big Sur together at Ventana (a very special place to stay). It was a time to be together as husband and wife on a sort of second honeymoon.

It was our way of celebrating the beginning of our new life together and we used it to clarify and re-do our goals for this next part of our lives as well as to re-commit to the purpose of our marriage.

We acknowledged to each other that we missed our sons, but not enough to do it over! We did a little exercise that I suggest you do when dropping off your kids at college; we listed all the things we had done for our children from conception on. And then we looked at the list and felt exhausted all over again!

How did we do it all? How did we take them to appointments, sporting events, school and still run a successful business and have some semblance of a relationship between us to go back to? By the way, we had no nanny or help most of the time.

We, looking back, can't answer that question and I'm not sure we want to, we're just glad it's all over!! And some day you will be too!

Susan Van Vleet

## Women's Leadership Retreat a Success

We were 1 over our limit for the Retreat this year and we were still able to have a deeper level of conversation than ever before. It was so successful that we have already scheduled our 2006 Retreat for May 8-10, 2006.

If you are interested and have not attended before, please call me as soon as possible, to see if you qualify, because our returning attendees take priority and their invitations will go out in August 2005. There are only 10 spaces available.

Women Moving Forward in Caracas for P & G June 28-30 and September 27-29, 2005 We return to Caracas in June and September. Those of you who are graduates from P & G can observe in Caracas if your schedule permits. We need to know if you plan to observe in Caracas in June no later than June 14<sup>th</sup>.

## Women Moving Forward June 7-9 and October 18-20, 2005

We will finish the year with 2 more Women Moving Forwards in the United States.

The June workshop is closed to registrations because we are only 3 weeks away from the start date. Our observer space is also full. There is space in the September workshop. If you have referrals to make or if you plan to review the course, please contact us. Observer space is available as well but is limited.

#### **Training for Change Agents and Trainers**

Our Training for Change Agents and Trainers as we call it, is an intensive 4 day experience to assist you in being a Change Agent as well as a more effective presenter. John and I both lead this course. Space is very limited.

NOTE: This course is required for all prospective distributors.

#### **Productive Relationships** August 9-11, 2005

We recommend this for Women Moving Forward graduates. John leads it and makes sure you have the interpersonal skills you need to reach your goals by the time you leave.

## **Managing Corporate Change** September 20-22,2005

This is the only one of these workshops on our schedule for 2005. It is a course that will make you embrace all change in life and see it for the possibility it is.

## Advanced Men's Course September 13-15, 2005

If you know a man who should attend please call John NOW. There is very limited space available. Productive Relationships is a non-negotiable pre-requisite.

NOTE: If you would like to talk about:

- 1. Distributorships or
- 2. Bringing any of these workshops to you corporation let me know.

# Have a Great Summer!