

Women Moving Forward® Graduates Newsletter

May 2008

More The World is Watching Feedback

"When we were in Kenya right after the 2004 elections, all anyone could ask us was 'How could you re-elect Bush?' Hal (Nancy's husband) thinks he should be asking them (the Kenyans) similar questions given their recent 're-election' of Kibaki. Sometimes it seems politics are the same whether the country has a 200-year-old democracy or a 50-year-old democracy. Hopefully the US will produce better results in 2008...

Nancy D. Trammel

Thanks for all of your comments on this subject. Please continue to let us know how you feel.

Doctors, Doctors, Doctors

For many years (over 20) I have been very faithful about getting my yearly Mammogram. Both my grandmother and my mother had breast cancer. So from 40 years old on I took myself to the mammography center at one of my local hospitals.

So once a year for over 20 years I have had my breasts mashed into the vice that is Mammography. The state of the art machine is essentially the same in terms of what I have to endure to complete the test.

There have been changes in x-ray to digital format. My films are now given to me on a disc. Wow! How wonderful! But I'm still being mashed and bruised to get the pictures now in a disc format!

I have over the years told anyone who would listen that if a man's penis had to be mashed like my breast to complete some medical test no man would go or they would find some way to make the test less painful.

OK, now I'm making a public plea to some of you engineers and science PhD's: Please do something, anything, to figure out a way to make mammography less painful at the same time it is more effective diagnostically.

If we could put a man on the moon I figure we could find some way to do mammography without hurting every woman who takes this test.

Several years ago the mammography tech told me that some man, an engineer, went with his wife and was there when she had her mammography. Apparently he was so upset by what he saw he began to research another way to do the test.

So far I guess he has not been successful, I hope he is still trying!

In the meantime, I'll keep going for this "rack like" torture and every time I will wonder what all of you with smaller breasts than mine must be enduring!

Let me know how you feel about this and whatever you do keep going for your test. It is the only diagnostic tool with any certainty that we have.

Women Moving Forward® Workshops for 2008

July 29-31 is filling up. If you have some one to refer or if you want to Observe or Review let us know.

October 15-17 is 50% full. We are looking forward to filling both workshops in the next month.

Women's' Leadership Retreat® May 6-8/ FULL!!!

2008 Retreat is Full if you would like to be on the waiting list for 2008 or you would like to register for the 2009 Retreat Contact Susan.

Training For Change Agents June 5-6, 2008

This workshop is 4 days long and John and Susan lead it together. You will learn how to be effective change agents inside your company without burning out! There is limited space available so if you would like to attend call our office or E-mail us.

Smart People: Managing and Retaining Gifted Employees July 22-24

This is our newest workshop. John and Susan co-lead this workshop that deals with one of the most difficult issue in hiring today: How do I hire the best and the brightest and then have them contribute to the company long term?

Many of you know the difficulty in attracting talent to your company. This course actually deals with how you best attract them and then retain them.

We also cover how to be the most effective parent to a gifted child as well.

The July workshop is 50% full.

Men Relationships and Work September 23-25

For those of you who want to send the men to a workshop for them like Women Moving Forward® was for you this is it!

Many men are suffering needlessly with their own issues and this course assists them in relieving that suffering and in moving on more effectively in their lives.

John leads this workshop so if you would a man in your life to register have him call or e-mail John at our office.

Productive Relationships June 17-19, 2008

Some of you have asked me what workshop should you take after taking Women Moving Forward®. This is the one!

It will give you some specific skills to use to upgrade your ability to set boundaries and accomplish your goals.

It is also one of the workshops Women Moving Forward® Graduates have taken that has enabled them to be promoted faster.

Call our office if you want more information or you would like to register.

2008 Courses			
LEADING PROJECTS THROUGH RELATIONSHIP, COMMITMENT & PURPOSE©	April 14-18*	Lone Tree, CO	\$5,000
LEADING PROJECTS THROUGH RELATIONSHIP, COMMITMENT & PURPOSE©	April 16-18**	Lone Tree, CO	\$3,500
WOMEN'S LEADERSHIP RETREAT FULL -Make-Up Day	May 6-8 May 5	Vail, CO	\$4,500
TRAINING FOR CHANGE AGENTS©	June 3-6	Lone Tree, CO	\$5,000
PRODUCTIVE RELATIONSHIPS©	June 17-19	Lone Tree, CO	\$3,500
SMART PEOPLE: MANAGING & RETAINING GIFTED EMPLOYEES©	July 22-24	Lone Tree, CO	\$4,000
WOMEN MOVING FORWARD®	July 29-31	Lone Tree, CO	\$3,500
LEADING PROJECTS THROUGH RELATIONSHIP, COMMITMENT & PURPOSE©	September 8-12*	Lone Tree, CO	\$5,000
LEADING PROJECTS THROUGH RELATIONSHIP, COMMITMENT & PURPOSE©	September 10-12**	Lone Tree, CO	\$3,500
MEN, RELATIONSHIPS AND WORK©	September 23-25	Lone Tree, CO	\$3,500
WOMEN MOVING FORWARD®	October 15-17	Lone Tree, CO	\$3,500
PRODUCTIVE RELATIONSHIPS©	October 21-23	Lone Tree, CO	\$3,500
ADVANCED MEN'S COURSE©	October 28-30	Vail, CO	\$4,500
PRODUCTIVE RELATIONSHIPS©	December 2-4	Chicago, IL	\$3,500
2009 Courses			
WOMEN'S LEADERSHIP RETREAT -Make-Up Day	May 5-7 May 4	Vail, CO	\$4,500

PUBLIC WORKSHOP SCHEDULE (4/8/08)

Any of these workshops can also be done inside your company. If you are interested please let us know.

***TO INCLUDE A REQUIRED 2-DAY PRODUCTIVE RELATIONSHIP WORKSHOP**

****FOR THOSE THAT HAVE MET THE PREREQUISITE ATTENDANCE OF PRODUCTIVE RELATIONSHIPS**

***Spouses and Partners of Course Graduates can attend the Course for half price
(this offer does not include the Advanced Men's Course or WLR) .***

To register for any course, retreat, or conference, contact our office.

We accept MasterCard, Visa & American Express

***There is a \$500 discount when two or more people attend the same \$3,500+ workshop
from the same company and location.***

You must register together and attend together

All prices are subject to change. No refunds are given.

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