

What Are You Thankful For?

We wish you and your family a Happy Thanksgiving.
For those of you who don't celebrate Thanksgiving, we wish you and your family an increased feeling of gratitude for your family, your friends and your life.

During this holiday we usually ask our family members to tell everyone at the family dinner what they are the most thankful for this year. This year we will all be celebrating that holiday with each other in Los Angeles at Charlie's apartment.

When asked what I am the most thankful for this year, I will be answering, I am most thankful for the life of Rosa Parks.

She was the African-American woman who actually started the modern civil rights movement in the U.S. by refusing to give up her seat to a white man on a public bus. She died in October. Her simple refusal to move from her seat on the bus and her subsequent arrest took us all in the United States down a better path.

So in the U.S. a woman simply saying "No" started a movement that I believe bettered us all. Remember that next time you are afraid to say no. Remember, so much can be started with a simple "No".

Thank you Rosa for a life well lead and for taking the stand you took. Thank you for simply saying "NO".