

# What's News

April 2008

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### **A Lifetime of Support Take 2**

We had so many responses from all of you regarding back issues that it must be a very pervasive issue across the world! Many of you responded with your own path of dealing with back problems. But most of you responded because someone close to you is suffering. We do not have the space or time to print everyone's response but we have selected two that are very representative of what we received:

#### **Response #1**

*John – LOVED the article you wrote. Although you told me the story in January – I appreciated the written version as much.*

*I need to share this with my sister who has double scoliosis and has debilitating pain from surgeries and from a recent divorce. This article could help me relay to her that she could consider other choices for emotional support.*

*Glad to hear Charlie is heading in the right direction.*

## **Response #2**

*I also had quite a few recollections triggered by John's piece in the general newsletter. (My Wife) (And more in her family) does back trouble too, ruptured disks that tend to be bad enough to get operated on. Her dad's on 5, she's had 1, and her brother is on 2. They cope by not letting it run their lives, but go into ignoring things a little too long usually. She's actually getting better about the ignoring thing; she's learnt her lessons on op. number 1. The general motto is "I'm not ill or incapacitated, just a bit of a back thing". Well that had her in the operating theater the morning after we got married. The surgeon was joking on how she liked the honeymoon suite the hospital provided. We didn't plan it that way but the planning dept of the hospital made their contribution to the festivities by forgetting to put her on the schedule for a while So when she was up for her turn that was it, no choices anymore on the date.*

## **Response #3**

Good Afternoon!

I read John's article about support and maintenance twice; it made that much of an impression.

One of the things I've found myself doing more of late is trying to find ways to support others (particularly women) within our organization. Not that I think I was unsupportive in the past, but one of my personal goals for 2008 is to be overtly supportive by asking, "How can I help?" "How can I support you in that goal?" This in turn supports me. It's sort of tied into John's question from Productive Relationships©, "How big is your circle?" If all I ever say is "hello", I'm missing out on a world of knowledge, potential friendship and reciprocal support from this network of people who all spend their days in the same building. By developing a supportive network, we all benefit. I was made acutely aware of this benefit last fall when my

husband was quite ill. People I had never known except to acknowledge in the hall came forward to offer all sorts of support. In the end, isn't that what life is all about?

Nancy Trammell  
Great- West Insurance

Thanks to all of you who have this issue and responded. We always like to hear your thoughts.

### **Congratulations are in Order**

To Rene Wickham on her promotion as Vice President, Product Quality at Mary Kay Inc. Rene is a graduate of WMF®

To Yumi Kasakawa on receiving first place for her architectural design from the architectural department of her school. Yumi is with P&G Japan. Yumi is a graduate of WMF®

To Andreina Lemke on the birth of her daughter Eugenia.  
Andreina

is a WMF® graduate from P&G Latin America.

To Lori Anfinsen who was promoted to Band 2 Swiffer Initiative Planner at P&G US. Lori is a WMF® graduate.

To Charlie Van Vleet on the premier of "Hell's Kitchen" April 1 on Fox TV

### **Woman Moving Forward® Workshops for 2008**

The **April 8-10** workshop only has one space left so please contact us if you want to refer someone for this space.

**July 29-31** workshop has 7 spaces remaining and the **October 15-17** workshop has 8 spaces remaining. These workshops are filling up a head of schedule and there is limited space so please have all of your referrals in soon.

### **Training for Change Agents© June 3-6**

This workshop is 4 days long and John and Susan lead it together. You will learn how to be effective change agents in side your company without burning out! There is limited space available so if you would like to attend call our office or E-mail us.

### **Smart People: Managing and Retaining Gifted Employees© July 22-24**

This is our newest workshop. John and Susan co-lead this workshop that deals with one of the most difficult issue in hiring today: How do I hire the best and the brightest and then have them contribute to the company long term?

Many of you know the difficulty in attracting talent to your company. This course actually deals with how you best attract them and then retain them.

The July workshop is 50% full.

### **Men Relationships and Work© September 23-25**

For those of you who want a workshop for men like Women Moving Forward® is for women this is the workshop for you!

Many men are suffering needlessly with their own issues and this course assists them in relieving that suffering and in moving on more effectively in their lives.

John leads this workshop so if you would a man in your life to register have him call or e-mail John at our office.

**NOTE: If you are interested in bringing any of our workshops to your company we would be happy to speak with you about that.**

**Or if your company wants to purchase a group of spaces in our public workshops and enjoy a larger discount contact us for more information. There is a corporate discount for companies that buy 10 or more spaces at a time. These spaces can be**

**used for the same workshops or different workshops over a period of 1 year from the time of purchase.**

**\*\*Also we offer spouse or partner discounts. If you have taken a course you would like your spouse or partner to take they can attend for half price. The only courses not included in this policy are the Women's Leadership Retreat and the Advanced Men's Course.**

## **International Fund Information**

Because you asked us to we are again letting you know that a fund has been established in Toronto to meet the needs of the children left behind by the P&G Venezuela people who died in a plane crash.

One of those people was Iris Ocando, a graduate of Women Moving Forward®

We have made a donation to this fund. It was easy to do; we took this information to our bank in the US and asked them to send a certain amount of money to the fund.

If you have any questions about the fund you can contact Barbara Cappozzola at: [cappozola.b@pg.com](mailto:cappozola.b@pg.com)  
And Marylena Meza at: [Meza.m@pg.com](mailto:Meza.m@pg.com)

For US Dollars –

“Please wire US\$ \_\_\_\_\_ (Amount)

TO: THE TORONTO DOMINION BANK

International Banking Center, Toronto, Ontario, Canada

SWIFT: TDOM CA TT

For further credit to the account of:

STANFORD INTERNATIONAL BANK LTD. (#0360012161670)

SWIFT: SIBP AG AG

For final credit to: MEZA MARYLENA

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Thank you to all of you who included these people, their families and co-workers in your thoughts & prayers.

We know their co-workers at P&G Venezuela have worked very hard to make sure the families will be looked after especially the children.